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*Club Bulletin*

**Editor : Rajvi Bharad**

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# ***GREATER***

**YEAR 2022/2023**

# **TIMES**

**WEEKLY NEWS LETTER OF ROTARY CLUB OF RAJKOT GREATER**

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**Rtn Shrikant Indani**

**RI. District : 3060 | Year : 2022 – 2023**

**Club Number : 24912**

**Chartered : August 26, 1987**

**36**  
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TO HUMANITY

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Seargent At Arms  
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**CIRCULAR 19**



Programme : Winter Fellowship 2.0  
Date : 7<sup>th</sup> January, Saturday  
Time : 08.00 pm Onwards  
Menu : Mahika Na Pudla  
Venue : Bhavin Sabhaya's Farm "Baa ni Vadi"  
Invitee : Rotarians, Anns and Annets



Programme : Board Declaration for 2023-24  
Date : 12<sup>th</sup> January, Thursday  
Time : 08.00 pm Onwards  
Menu : Dinner  
Venue : D. P. Doshi Rotary Greater Auditorium  
Invitee : Rotarians, Anns and Annets  
Dress Code : Rotarians: Rotary T-shirt  
Anns: Any outfit in Orange color



07<sup>th</sup> Jan : Winter Fellowship 2.0  
12<sup>th</sup> Jan : Board Declaration 2023-24  
19<sup>th</sup> Jan : Comedy Night  
26<sup>th</sup> Jan : Republic Day Celebration



|                     |                             |            |
|---------------------|-----------------------------|------------|
| 5 <sup>th</sup> Jan | : Ann. Archana Shyam Ghedia | 9376355555 |
| 6 <sup>th</sup> Jan | : Ann. Nilpa Manoj Solanki  | 9824219696 |
| 7 <sup>th</sup> Jan | : Rtn. Dr.Rajendra Mehta    | 9825217969 |
| 9 <sup>th</sup> Jan | : Rtn. Jitendra Lakhvani    | 9824221727 |



|                     |  |                  |
|---------------------|--|------------------|
| 3 <sup>rd</sup> Jan | : Rtn. Kishan Kotecha and Ann. Margi Kotecha |                  |
|                     | Rtn : 9638716456                             | Ann : 9879530304 |
| 3 <sup>rd</sup> Jan | : Rtn. Pankaj Raiyani and Ann.Rita Raiyani   |                  |
|                     | Rtn : 9825075897                             | Ann : 9925466311 |
| 3 <sup>rd</sup> Jan | : Rtn. Sarju Patel and Ann. Sheetal Patel    |                  |
|                     | Rtn : 9898243200                             | Ann : 9376160540 |

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# UPCOMING Meetings

## Winter Fellowship Meet 2.0

7<sup>th</sup> January, Saturday

With the fun that the Greater Parivar had at the Winter Fellowship in December, how could we not arrange for another memorable night. So, on **Saturday, 7<sup>th</sup> January** the **Greater Parivar** will gather at **Rtn. Bhavin Sabhaya's Farmhouse, "Baa ni Vadi"** for a **Winter Fellowship Meet 2.0**. This will be the first meeting of the **New Year, 2023**, so let us celebrate with our chosen family in the cold winter nights with delicious food. The **menu** for the evening is the famous **Mahika na Pudla**, because certain food items taste better in the cold weather amidst the warmth that family and friends bring to the table. So get ready to make the **First Greater Family Dinner** a night to remember for years to come.



**Rtn. NILESH BHOJANI**

## Board Declaration for the year 2023-24 by Rtn. Nilesh Bhojani

12<sup>th</sup> January, Thursday

The much awaited and most exciting meeting of **Rotary Club of Rajkot Greater** is going to be held on **Thursday, 12th January 2023**. It is the **Board Declaration for the year 2023-24**. The **Club President for Rotary year 2023-24**,

**Rtn. Nilesh Bhojani** will be declaring his **team of Office Bearers** along with his **action plans for the coming year**. The **Club President** nominee for **2024-25** will also be declared.

**Rtn Nilesh Bhojani** and his wife **Ann Shilpa Bhojani** have been **active members of RCRG** since their day one in the Club and have never missed an opportunity to **Serve the Club and the Society** as a whole. A **civil engineer** by profession **Rtn. Nilesh Bhojani's** interest in **planning, designing and management** is well known in both his **professional and personal life**. It will be exciting to see who he chooses on his team and which post is given to which Board Member.

So, Greater Parivar mark your calendars because we must get together to **wish the best** to the **President Elect** and his **team** for a **great year ahead**.

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**PP Rtn. Darshan Lakhani**

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**Rtn. Manish Patel**

Fundraising Chair  
**PP Rtn. Amit Raja**

The Rotary Foundation Chair  
**PP Rtn. Sarju Patel**

Literacy Chair  
**PP Rtn. Ashwin Lodhiya**

Club Trainer Chair  
**PP Rtn. Dr. Yogesh Mehta**

Women/Child Development Chair  
**Ann. Dr. Ami Mehta**  
**Rtn. Ishita Chhotai**  
**Ann. Nivetha Amlani**  
**Rtn. Vishma Panchasra**

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## Double Dhamaka: Potluck and Karaoke

29<sup>th</sup> December, Thursday

The last meeting of the year 2022 was a **Double Dhamaka** in its literal sense. all Our **Anns** left no **stones unturned** to make this event a huge success. The **Menu** for the evening was **Tomato Soup, Mexican Starter, Chhole-Puri, Dal Khichdi-Curd, Lila Nariyal no Halwo, Vanilla Ice Cream with Strawberry Pieces, Pulp and Waffle Roll and Buttermilk**. Everyone ate to their heart's content and could not stop **praising our beautiful and talented chefs** of the evening:

**Anns:** Roopa Nagrecha, Dr. Miral Patel, Sheetal Patel, Varsha Lodhiya, Mayuri Lodhiya, Mayuri Tratiya, Seema Kalavadiya, Nina Kothari, Gita Kothari, Bharti Kakkad, Krishna Somaiya, Pooja Patel, Swati Mehta, Poonam Mehta, Priti Vasani, Sadhnaben Vaghela, Nitaben Thakar, Grishma Nathwani, Seema Shah, Shilpa Bhojani, Purvi Lakhani, Nidhi Jhala, Ashini Modi, Dhruva Chug, Avani Mangtani, Deval Mehta, Divya Zaveri, Kusum Jogia, Parul Mehta, Urvashi Lakhvani, Meera Amlani, Riddhi Bagdai, Madhuri Kotecha, Meera Sapovadia, Mita Patel, Tanuja Vagher, Vishakha Karia, Rachna Punatar, Sonal Patel, Monika Mehta, Ishita Ganatra, Meera Kotecha, Gunja Sabhaya, Hetal Joshi, Neeta Thakar, Rita Raiyani, Urvashi Vadher, Vishakha Karia and Alka Sheth

And simultaneously everyone had immersed themselves in **singing** and **listening** to **soulful old** and **new Bollywood songs**. We do have some hidden talent in RCRG like:

**Rotarians:** Rakesh Shah, Ashish Joshi, Dipak Kothari, Ashwin Unnadkat, Mehul Nathwani, Shrenik Shah, Chandresh Tratiya, Bandish Jhala, Kirit Sheth, Dr. Priyanka Sutariya, Pravin Patel and Rajen Shah,

**Anns:** Parul Mehta, Avni Mangtani, Dr. Kartik Sutariya, Mayuri Tratiya and Swati Mehta

Everything about the evening was a **perfect end** to a **super entertaining year**.





## Project Pankh

Informative sessions of Project Pankh were conducted on:

**Date:** 23<sup>rd</sup> December, Friday  
**Time:** 04:00 pm to 05:00 pm  
**Venue:** New Era School (English Medium)  
**Beneficiaries:** 120+  
**Speaker:** Ms. Lovely and Ann. Chetna Kataria  
**MOC:** Ann. Grishma Nathwani

**Date:** 24<sup>th</sup> December, Saturday  
**Time:** 08:30 am to 09:30 am  
**Venue:** Shree G. T. Sheth Vidhyalaya  
**Beneficiaries:** 150+ girls  
**Speaker:** Rtn. Ishita Chhotai and Ann. Priti Amlani  
**MOC:** Ann. Chetna Kataria

**Date:** 26<sup>th</sup> December, Monday  
**Time:** 04:00 pm to 05:00 pm  
**Venue:** Shree G. T. Sheth Vidhyalaya  
**Beneficiaries:** 250+  
**Speaker:** Ann. Falguni Vegda and Ann. Monika Mehta  
**MOC:** Ann. Chetna Kataria

**Date:** 28<sup>th</sup> December, Wednesday  
**Time:** 11:00 am to 12:00 pm  
**Venue:** Sunshine Group of Institutions  
**Beneficiaries:** 150+  
**Speaker:** Ann. Nivetha Amlani  
**MOC:** Ann. Monika Mehta



The seminar delivered **crisp yet clear information** about **Menstrual Hygiene Management, Good Touch Bad Touch and Cancer Awareness**. To help the girls become **physically and mentally fit, tips and tricks regarding Balanced and Healthy Diet and Yoga Asanas** were also given. Members from our dedicated MHM team, **Ann. Priti Amlani, Ann Parul Mehta, Ann Bindu Shah and Ann Priti Vasani** were also present to prove the tagline of Project Pankh, **Hum Sab Saath! Taboo ke Khilaa!**





## રોટરી ડીસ્ટ્રીક્ટ કોન્ફરન્સ -

### "અનુશ્રી" નું સીટી ઓફ ગેટસ ઔરંગાબાદ ખાતે સફળ આયોજન

રોટરી ડીસ્ટ્રીક્ટ ૩૦૬૦ દ્વારા તારીખ ૨૩-૨૪-૨૫ ડીસેમ્બર દરમિયાન ઔરંગાબાદ મહારાષ્ટ્ર ખાતે ૫૩ મી ડીસ્ટ્રીક્ટ કોન્ફરન્સ નું ડીસ્ટ્રીક્ટ ગવર્નર શ્રીકાન્ત ઈન્દાની અને ટીમ દ્વારા ખુબ સુંદર આયોજન કરવામાં આવ્યું.

ત્રણ દિવસ ની આ કોન્ફરન્સમાં સમગ્ર ડીસ્ટ્રીક્ટ ૩૦૬૦ માં થી રોટેરીયન્સ , આન્સ , એનેટસ અને રોટરેક્ટર્સ મોટી સંખ્યામાં ઉપસ્થિત રહ્યા હતા.

રોટરી ઈન્ટરનેશનલ ના પ્રથમ આંતરરાષ્ટ્રીય મહિલા પ્રેસિડેન્ટ જેનીફર જોન્સ ના પ્રતિનિધિ તરીકે ભુતપૂર્વ ડીસ્ટ્રીક્ટ ગવર્નર શ્યામશ્રી સેન ઉપસ્થિત રહ્યા હતા.

કોન્ફરન્સ દરમિયાન અલગ અલગ વિષયો પર શ્રેષ્ઠ વક્તાઓ એ વક્તવ્યો આપ્યા.

સ્વાદિષ્ટ, અને ચટાકેદાર ભોજન પણ કોન્ફરન્સ નું એક જમા પાસું બની રહ્યું.

બન્ને દિવસે રાત્રે ડીનર બાદ મ્યુઝિકલ નાઇટ્સ પણ લોકોએ મનભરીને માણી.

આવતા વરસની એટલે કે ૫૪ મી ડીસ્ટ્રીક્ટ કોન્ફરન્સ ઈન્ટોર ખાતે ૫-૬-૭ જાન્યુઆરી -૨૦૨૩ દરમિયાન યોજાશે. જેની જાહેરાત ડી.જી.ઈ. નિહીર દેવે એ પોતાની આગવી શૈલીમાં કરી હતી.

ડીસ્ટ્રીક્ટ કોન્ફરન્સ ના ઉદઘાટક પાસ્ટ રોટરી ઈન્ટરનેશનલ ડીરેક્ટર અને ટ્રસ્ટી રો.ભરત પંડ્યા નો પરિચય રો. યશ રાઠોડે આપ્યો હતો.

રો.નિલેશ ભોજાણી ને ધ રોટરી ફાઉન્ડેશન માં ૧૦૦૦/- યુ એસ ડોલર નું ડોનેશન આપવા માટે ફેસીલીટેટ કરવામાં આવ્યા.

રોટરી ક્લબ ઓફ રાજકોટ ગ્રેટર ને વર્ષ ૨૦૨૧-૨૨ દરમિયાન ૧૦૦% TRF giving , ૧૦૦ \$ EREY ક્લબ સન્માન કરવામાં આવ્યું.

ડીસ્ટ્રીક્ટ કોન્ફરન્સ ખાતે રોટરી ક્લબ ઓફ રાજકોટ ગ્રેટર તરફથી પ્રેસિડેન્ટ રો.કુનાલ મહેતા, સેક્રેટરી અપુર્વ મોદી, ડીસ્ટ્રીક્ટ સેક્રેટરી યશ રાઠોડ, આસીસ્ટન્ટ ગવર્નર મેહુલભાઈ નથવાણી, રો. નિલેશ ભોજાણી, જયદેવ શાહ, પરેશ કાલાવડીયા, સીમા કાલાવડીયા, આશિષ જોશી, પુર્વેશ કોટેયા, અશ્વિન લોઢીયા, મેહુલ બુધ્ધદેવ તથા ભાવિન ભાલોડીયા આન વર્ષા લોઢીયા, વિધિ નથવાણી તથા હેતલ જોશી એનેટસ પરિક્ષિત કાલાવડીયા, પુરુર્વા કાલાવડીયા અને રિષિતા જોશી ઉપસ્થિત રહ્યા હતા.





# FROM WHERE I

# Stand



## New Year's Resolution Ideas for 2023

With 31<sup>st</sup> December 2022 now gone, The New Year Parties are over but the excitement for a New Year is all here! 2023 is here and everyone will make promises to themselves and set goals that they want to achieve. New Year's Resolutions are the 3 words you will hear most frequently for at least a month to come. I am mentioning below a few New Year's Resolution Ideas for a successful new year:

1. Start an activity you always wanted to learn. Or go back to an activity that you loved in the past but don't have time for it now.
2. Spend more time with your family and the people that make you feel good. Avoid negative people in life.
3. Cut out processed food and Exercise at least 30 minutes a day. Start a self-care routine and stick to it.
4. Declutter your home and stop buying things you don't need.
5. Spend less time on phone, especially on social media. And stop bringing your phone to bed.
6. Quit the negative self-talk. Stop saying I can't and start finding reason why you can.
7. Learn to take a stand for yourself and say no when need be because what people think of you is not always important.
8. Be more accountable. Be more grateful
9. Break a bad habit and step out of your comfort zone
10. Discover your culture and heritage. Don't just blindly follow the West.
11. Plan a trip to your dream destination. But don't just travel for pictures, get to know the place like a local.
12. Take up the much delayed Renovation or Redecoration projects for your home
13. Listen more. More importantly listen to Understand and not just to Reply because not every action needs a reaction.
14. Find reasons to make yourself happy because if you are happy, everyone around you will be happy too.
15. Get organised in all that you do. The more Organised you are the Smoother your life goes.
16. Accept people and situations the way they are because you cannot change everyone and everything.



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